

The Verity Letter

Issue 1 · September 2026 · For teachers, parents and everyone raising children of character

Welcome to the first Verity Letter. Every fortnight: what's new at Verity, one good excerpt worth pinning to a noticeboard, and the news that actually matters from the world of character, curriculum and childhood — sifted by someone who spent thirty years in schools and reads the guidance so you don't have to. It's free, it always will be, and every issue lives at verityeducation.co.uk/newsletter to keep, share or print.

| The big news: the parents' series is complete

This fortnight Verity finished something two years in the making: **the Raising Character series** — three ten-week courses for parents, covering the whole journey from first words to leaving home. *Raising Little Ones of Character* (ages 2–5: the imitation years, where character is caught and foundations are poured). *Raising Children of Character* (5–14: the teaching years at the kitchen table). *Raising Teenagers of Character* (14–18: the handover years, where influence replaces control and the relationship is the method).

Each course is ten twenty-minute lessons with one practice a week — honest about the evidence, carefully reviewed safeguarding guidance, and stories from three decades of classrooms. The first lesson of every course is free, the printable Family Character Plans for all three ages are free, and the complete series bundle is a standing 20% off the three books bought separately.

→ verityeducation.co.uk/parents

| For schools: the September offer

Until the 1st of October, everything in the schools catalogue is on launch offer — 20% off all resources and 25% off bundles, across Catholic RE, RSHE, Citizenship, Character Education, Oracy, Wellbeing and Global Perspectives. If a scheme has been sitting on a wish list, this fortnight is the moment.

→ verityeducation.co.uk/catalog

Worth pinning: this issue's excerpt

"If you are ever somewhere you don't want to be — wherever it is, whatever's happened, whatever you've taken or done — call me. I will come and get you. No interrogation that night."

The second sentence is the mechanism and the third is the price of the mechanism. A teenager who fears the meltdown at the kerb will not make the call; they'll get in the wrong car instead. You are allowed the conversation later, in daylight, calmly. You are not allowed it at the kerb — or the promise dies, and this promise is one you want alive for years.

— from *Raising Teenagers of Character*, Lesson 4: Courage and Risk. The first lesson is free at verityeducation.co.uk/parents.

News from the world around us

Citizenship goes statutory in 2028 — the countdown is real now

From September 2028, Citizenship becomes a statutory entitlement in England's revised national curriculum, primary included. Two years sounds like a long time; one audit, one pilot year and one full rollout is exactly two years. Our free guide walks through what to check this term — and why schools without a specialist department shouldn't panic.

→ verityeducation.co.uk/guides/statutory-citizenship-2028

Oracy is coming for every subject — not just English

The same 2028 revision places oracy across the curriculum, and the schools already treating talk as a taught skill — protocols, frameworks, progression — will be the ones with an evidence base when inspectors ask. Our KS3 Talking Points line was built for exactly this: subject content and spoken language, one lesson, two outcomes.

→ verityeducation.co.uk/guides/oracy-across-the-curriculum

Screens and under-fives: the guidance firmed up

This year's UK guidance for under-fives (welcomed by the RCPCH) joined the WHO in recommending real limits on sedentary screen time at the youngest ages — no screen time before two, an hour or less from two to four. Our new parents' guide covers the whole run from 2 to 18, without the shouting.

→ verityeducation.co.uk/guides/screens-by-age

Free this fortnight

For parents

- **The Family Character Plan Pack** — all three printable one-page family plans (2–5, 5–14, 14–18) plus talk starters for every age.
- **First lessons, free** — the introduction and Lesson 1 of all three Raising Character courses.
- **Six parent guides** — tantrums without punishment, school readiness without flashcards, the teenager who's stopped talking, screens, pocket money, and teaching character at home.

For teachers

- **Eighteen free sample lessons** — complete, fully-resourced, one per line and key stage: see the quality before you buy.
- **Seven teacher guides** — statutory Citizenship 2028, oracy across the curriculum, the Catholic RSHE update, the RE Directory, Cambridge Global Perspectives, KS2 character and PSHE progression.

→ **Everything free:** verityeducation.co.uk/free · verityeducation.co.uk/guides

Coming next issue

Our first **subject feature**: Oracy — why the quietest curriculum change of 2028 might be the biggest, what talk-rich classrooms actually do differently, and a Talking Point you can run in any subject this term, free, from the packs. Plus the usual excerpt, news and free things.

One small ask

If this letter was useful, forward it to one colleague or one parent at the school gate. That's the entire growth strategy — people who'd actually find it useful, sent by people who actually did.